

# Youth Systems Collaboration Tips



## **KNOW YOUR ROLE**

Understand the limits of your expertise and role in the youth's life. Aim. to collaborate—not control.



## **ALIGN ON GOALS**

Clarify both treatment goals and systemic objectives (e.g., academic progress, probation requirements).



## **COMMUNICATE EFFECTIVELY**

Request progress updates, and share only relevant, ethical information.



## **ADVOCATE THOUGHTFULLY**

Lift up the youth's strengths and needs. Address barriers and advocate for appropriate accommodations.

